

Quote of the month: "The secret of getting ahead is getting started. The secret of getting started is breaking your complex overwhelming tasks into small manageable tasks, and then starting on the first one." -- Mark Twain



INNER STRENGTH

If you can start the day without caffeine or pep pills,
 If you can be cheerful, ignoring aches and pains,
 If you can resist complaining and boring people with troubles,
 If you can eat the same food everyday and be grateful for it,
 If you can overlook when people take things out on you when,
 through no fault of yours, something goes wrong,
 If you can take criticism and blame without resentment,
 If you can face the world without lies and deceit,
 If you can conquer tension without medical help,
 If you can relax without liquor,
 If you can sleep without the aid of drugs,
 If you can do all these things,
THEN YOU ARE PROBABLY THE FAMILY DOG
SUBMITTED BY LUCY FIELD—AUTHOR UNKNOWN

PLEASE VISIT:

www.waldore.com
www.waldoagencies.com
www.udrivebenefits.com

Importance of Handshaking

By celebrating **National Hand Shake Day** on June 28th, you can honor the gesture of proper handshaking. Proper handshaking is the gateway to the prospective business deal. Hand shaking is the vehicle of conveying message of trust, friendliness and warmth. Proper handshaking is the means of letting people know much confidence you have in yourself.

Negative types of Handshake

Below is the list of negative types of handshakes which should be avoided:

- The "dead fish"
- The "four finger"
- The "I won't let go"
- The "southpaw"
- The "cold & clammy"
- The "macho cowboy"



In order to give respect to the people you meet, give them a genuine friendly handshake!

Building a Customer Service Culture

The Ritz-Carlton Motto:

"We are Ladies and Gentlemen Serving Ladies and Gentlemen"
 "When I read these words, the first word that came to mind was respect. **Respect** for yourself and **respect** for those we serve. Would this work well for our business at Waldo Agencies? For your business? It makes me feel good just reading it!"

The Ritz-Carlton Three Steps of Service

- A warm and sincere greeting. Use their name if possible.
- Anticipation and compliance with guest needs.
- Fond farewell. Give them a warm good-bye and use their names, if and when possible.

The Ritz-Carlton Credo:

"The Ritz-Carlton Hotel is a place where the genuine care and comfort of our guests is our highest mission. We pledge to provide the finest personal service and facilities for our guests who will always enjoy a warm, relaxed yet refined ambience. The Ritz-Carlton experience enlivens the senses, instills well-being, and fulfills even the unexpressed wishes and needs of our guests."

"What a great ending.

Let's don't be afraid to **"Put on the Ritz!"**

Source ~ Oregon Agent IABO Magazine



*Submitted by John Forsyth,
Commercial Insurance
Producer*

Zucchini Garden Chowder

INGREDIENTS

- 2 medium zucchini, chopped
- 1 medium onion, chopped
- 2 tablespoons minced fresh parsley
- 1 teaspoon dried basil
- 1/3 cup butter, cubed
- 1/3 cup all-purpose flour
- 1 teaspoon salt
- 1/4 teaspoon pepper
- 3 cups water
- 3 teaspoons chicken bouillon granules
- 1 teaspoon lemon juice
- 1 can (14-1/2 ounces) diced tomatoes, undrained
- 1 can (12 ounces) evaporated milk
- 1 package (10 ounces) frozen corn
- 1/4 cup grated Parmesan cheese
- 2 cups (8 ounces) shredded cheddar cheese
- Pinch sugar, optional

•In a Dutch oven, sauté the zucchini, onion, parsley and basil in butter until vegetables are tender. Stir in the flour, salt and pepper. Gradually stir in water. Add the bouillon and lemon juice. Bring to a boil; cook and stir for 2 minutes or until thickened.

•Add the tomatoes, milk and corn; bring to a boil. Reduce heat; cover and simmer for 5 minutes or until corn is tender.

•Just before serving, add cheeses; stir until melted. Stir in sugar. Garnish with parsley if desired. Yield: 8-10 servings (about 2-1/2 quarts).

June Events

- 06/04 - Happy Birthday Scott Bahem!
- 06/07 - Happy Birthday John Faw!
- 06/07 - All Employee Meeting - 8:00 a.m.
- 06/10 - Insurance Personal Lines Meeting - 8:00 a.m.
- 06/12 - Malheur County Board of Realtors Meeting
- 06/16 - Happy Father's Day!
- 06/18 - Real Estate Office Meeting
- Mondays - Insurance Commercial Lines Meeting - 8:00 a.m.



SCHOOL'S OUT FOR SUMMER!!



The Adjustment to Long-Term Care

When a loved one moves into long-term care, there can be numerous losses, including a cherished home, pets, old friends, autonomy, and privacy.

You can help with this adjustment in several ways.



One valuable thing to do is to communicate with the staff at the new facility as many aspects of your loved one's life as possible. Talk about his or her childhood, family members, work history, interests and skills, religious background, and how he or she copes with different situations. This will allow the staff to see your relative as a whole, interesting person, and will guide them in personalizing the attention they give to him or her.

This is even more necessary if your loved one is unable to communicate effectively himself or if he is suffering from any disease that might cause behavioral changes. It will also serve as a way to put your loved one at ease, to build rapport with those around him, and to maximize his potential for enjoying all of the programs the facility offers.

What People Are Saying....



Myra Attebery
Sales Associate

"Myra Attebery was there every step of the way. Probably 99.9% of the time a call would be returned or an email answered within 2 hours. Her knowledge of Real Estate contracts is above excellent. Her service included bringing paperwork **TO** us for signatures for our convenience. We have known Myra and her family for many years and she is the first person we call for any Real Estate questions. I would highly recommend her for sales, purchase and investments."

Gary and Trisha Behnke



Local
Friendly
Professional



Cheap Home Remedies from HouseLogic

Hundreds of thousands of consumers each month are using HouseLogic.com as a resource for great ideas, to maintain, protect and improve the value of their home.

Check it out!

INVOLVE CHILDREN IN THEIR OWN HEALTH CARE, SURVEY SAYS

Sick children are often sheltered from discussions about their health care. But a study published in the Journal of Clinical Nursing suggests that health professionals and parents would do better to consult children more and include them in decisions.

Researchers in Ireland spoke with 55 young people, ranging in age from 7 to 18, with acute or chronic illnesses. Most had been hospitalized previously (71 percent), stayed less than seven days (85 percent) and lived with two parents (80 percent). Some of the study's findings were:

- Children said they want to take part in discussions about their health and treatment, and to have their views and concerns taken seriously.
- Knowing the health professionals helps children feel able to ask questions freely and express their concerns.
- Many children look to their parents to act as advocates and to explain what's happening, and they rely on their parents because they have problems communicating with health professionals.
- The way health professionals communicate and behave can be an obstacle to children's getting involved. Children said health professionals tend to "do things" to them with very brief explanations or none at all. Health professionals exclude them, they said, directing information at their parents using language they don't understand.
- Children want to make "small" decisions, but almost half want to leave "serious" decisions about issues like surgery to their parents and health professionals.



Kid's Corner

- Q: What did the angry customer at the Italian restaurant give the chef?
A: A pizza of his mind!
- Q: Why was the cucumber mad?
A: Because it was in a pickle!
- Q: What is the best thing to put into a pie?
A: Your teeth!
- Q: What day do potatoes hate the most?
A: Fry-day!
- Q: Why did the cabbage win the race?
A: Because it was a head!
- Q: Why did the baker stop making doughnuts?
A: She was bored with the hole business!



No Problem !! A young bride phoned her mother just three days before the wedding. "I have some awful news," she said. "My fiance's mother has bought the exact same dress as you to wear for the wedding!" "Oh, no!" exclaimed her mother. But after giving it a second thought she said, "Don't worry! I'll just go and buy another dress to wear to the ceremony." Her daughter sighed with relief but then said, "Mom, that dress cost a fortune. What will you do with it? What a waste not to use it! "Who said I won't use it?" replied her mother. "I'll just wear it to the rehearsal dinner."



Internet Tidbit - Ever been wary of trying a new restaurant because you don't know exactly what they serve or how much things on the menu cost? Have you been traveling and left wondering how to find a good restaurant? MenuPages.com solves these problems. MenuPages has current menus for over 40,000 restaurants in eight major markets (New York City, Los Angeles, Boston, Washington, D.C., San Francisco, Philadelphia, Chicago, and South Florida). They also feature user recommendations and search filters that let you search by cuisine and neighborhood. Best of all, you can get the information on your iPhone or Android phone by downloading their free app. If you live in one of these areas or are traveling on vacation there, be sure to check out MenuPages before you decide where to eat.





MAKING ROAD TRIPS MORE FUN FOR EVERYONE

Do your summer plans include a road trip? Not only can you save money, but you will also be able to create some great memories of your family time spent together.



Begin your trip with several maps in the car, so everyone, especially the kids, can follow along. Leaving early in the morning is great when traveling with kids, as you can cover a lot of ground while they are still sleeping. Stop often, and avoid restaurants. Besides saving you money, a picnic at a rest stop or park gives everyone a chance to stretch. Bring plenty of audio books and goodie bags for the kids to head off those patches of boredom.

New Listing!

Gorgeous setting, 1.19+/- acres, 3 bedroom, 2 bath, 1907+/- sq ft., 1999 manufactured home with foundation. Completely fenced. Acreage is all lawn and garden. Across from Snake River. This includes an add on 552+/- sq ft family room and 2 car carport. Vinyl windows, 2 pellet stoves, heat pump, forced air, air conditioning, all drapes included.

Call Carol Eldred, Principal Broker, e-PRO, OR/ID: Cell# 208-741-9977

Waldo Real Estate
937 SW 30th St.
Ontario, OR 97913
Office: 541-889-8160

\$120,000

KEITH, OUR MECHANICAL ENGINEER

~ Submitted by *Tony Kahmann, Benefits Consultant, Waldo Agencies* ~

Our agency likes to share human interest stories that help us learn more about each other and our families. I thought that a story about an experience our son, Keith, had in his profession might be of interest.

Keith is the younger of our two children, is thirty-three years old, and is a mechanical engineer by education and profession. He loves to think up how to make or improve stuff. When he was about eight years old, he wanted to make a hot air balloon, so he built one out of napkins, string and cardboard in his bedroom; fun idea, but wrong place! He needed heat to get it to rise, so it made sense to put a little fire in the basket of the balloon. I won't share all the details, but suffice it to say we were greatly relieved that the damage to his bedroom was some smoke and melted carpet.



He's got the perfect way of thinking for an engineer (at least as an adult). He works on the east coast, in Connecticut, for a small "boutique" engineering firm. Most of his projects are for research and development (R&D), and fully funded by clients, some of which either have or are vying for contracts with the federal government, and especially the US military. One project/idea that his firm was asked to develop about 18 months ago was intended to save lives: their client viewed the statistics on the US Army Humvee and the incidence of bodily injury to soldier occupants when IEDs or other assaults on the vehicles would cause their gas tanks, on the undersides of the Humvees, to explode. Keith was tasked to design a blast shield that might be able to reduce the number of explosions of the gas tanks and either direct or collateral bodily injury. He ended up designing an effective shield, which proved successful after several field explosive tests and a few design refinements. The company has filed a patent application, in which Keith is co-named as the inventor, since he developed it under their contract. Since then, Keith and their corporate client have found a variety of other applications for the idea in which the damage of either explosions or other rapidly released and focused energies can be moderated and hopefully save lives and property. It's always gratifying as a parent to see our kids succeed. This is one of those times.

Local Attraction

Ste. Chapelle voted Best Idaho Winery!

Our area is lucky to have, right in our backyard, a beautiful event center and winery. "With so many great Idaho wineries, we're thrilled that you chose ours! Come join us in Caldwell for a day escape to the tasting room, our Sunday summer concert series, and just to say hello!"

"Our annual Father's Day concert is the kick-start to our summer series concerts. Featuring Dan Costello and the Truck Stop Trio, an acoustic three piece that will get you up and dancing! Kanak Attack will be out with the "Munch Box" to purchase food from. There will be a special "Father's Cabana" with fun games and Green Goddess Massage will be here doing chair massages. Bring the family & come enjoy a beautiful day in the park with us!

**Featuring Dan Costello and
the Truck Stop Trio**

**Gates open at Noon, Music from 1-4:30pm
Sunday, June 16, 2013 @ 1:00 PM**

\$10 pp/ \$8 members/16 and under are FREE



4 STEPS FOR BEATING THE POST-VACATION BLUES



Your vacation should have relaxed and recharged you—so why is going back to work so hard?

Here's how to diminish the seemingly inevitable post-trip letdown:

- Pace yourself. Don't try to plan every minute of your vacation for

maximum activity. Build in sufficient time to relax so you don't return to work exhausted from your "fun."

- Schedule your return a couple of days early. Give yourself a day or so between vacation and going back to work; it can help ease the transition to your duties.

- Let others know your plans. Let clients and co-workers know you're away and provide them with alternative contacts. You'll reduce the number of messages waiting for you at the office when you return.

- Ease into it. If you can arrange it, make your first day back a half day. You can take care of the most pressing issues before diving back in.



How to start a fight. When I got home last night, my wife demanded that I take her someplace expensive... So, I took her to a gas station. **And that's how the fight started.....**



Sesame Sauce for Steamed Vegetables

About 4 Cups Steamed Vegetables

1 T Sesame Oil

1 T Soy Sauce

1 T Sugar

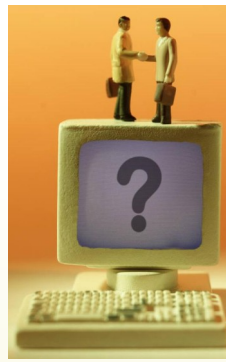
2 t Vinegar

Dash of hot oil (optional)

Bring to a boil and pour over vegetables.

Sprinkle with Toasted Sesame seeds.

“Here Comes the Bride was not written for weddings. In 1848, Richard Wagner wrote the “Bridal Chorus” for a bedroom scene for his opera Lohengrin, produced in 1850. In the scene, servants undress a newly married couple, Elsa and Lohengrin, while a chorus sings the majestic march. In 1858, Princess Victoria of England, the eldest daughter of Queen Victoria, selected Wagner’s “Bridal Chorus” as the music for her walk down the aisle to marry Prince Frederick William of Prussia. Soon after, British brides began copying the royal couple, creating a new tradition.



What Happens to Your “Digital Assets” After You Die?

“We finish this month, delving into the vast subject of online assets and how to protect them when you die.”

Default Rules In Absence of Will: What Happens After You Die

Previously we talked about how to deal with your digital assets. If you take time to create a will for digital assets, it would save much effort on the part of your kin. What happens if you fail to create a will for your digital assets? The following is a sampling of the leading companies and their policies. Most companies have forms to be completed by the kin for notifying them of a death. You may need the profile URL and email ID of the dead user plus other documentation.

LinkedIn: LinkedIn simply closes your account – when any of your kin or friends inform LinkedIn about your demise. No one gets to access the account and LinkedIn won’t provide any data to anyone.

Twitter: When you inform them about the demise of a user, they will digitize all the public tweets of the user and hand it over to the beneficiary before closing the account. They do not transfer the account to anyone else.

Facebook: They neither close the account nor transfer the account to your kin. It “memorializes” the account so that it can be viewed anytime by the current Facebook friends of the deceased. Friends can continue to log in it to post messages, etc.

Google: Their policy is not very clear. They may or may not provide the kin with access to the deceased’s email.

Microsoft Hotmail: Microsoft will delete a Hotmail account if it has been un-accessed for over 270 days. If you wish to access the Hotmail account of your deceased relative, you have to contact Hotmail. Hotmail will give you access for 6 months.

Yahoo Mail: Disables your account if there is no activity for four months.

PayPal: Will keep the account as long as you have a balance in it. Thus, neither the company nor the kin of deceased can make use of these digital assets in the absence of a proper will. The above companies have formed policies to take care of users who cease to exist, but there are many other companies on the Internet that are yet to make such policies. The list of such companies includes major photo sharing sites, cloud storage sites, music sharing sites and more. There are some companies who have certain sets of rules when it comes to accessing data of dead users. Note that these rules may be overridden by court’s ruling in favor of the deceased’s kin in certain cases. Once again, the best method of passing on the digital assets you have collected during your lifetime, is to create a separate will and transfer your accounts to your kin. Source: June 25, 2012 Author: ArunKumar@TGC

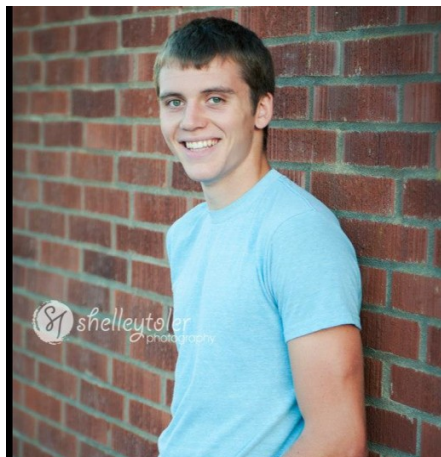
“Digital Management: What happens to your Online Accounts After you Die”

Waldo Spotlights



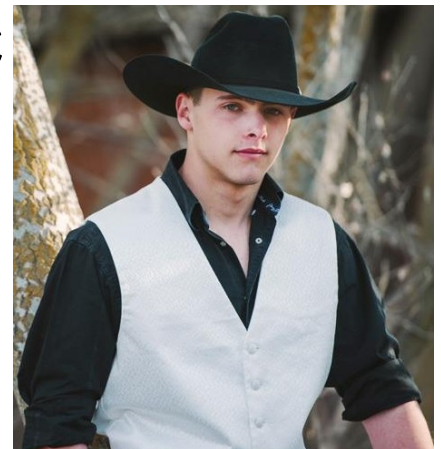
Laramie Stipe, son of Kim Stipe, Broker, graduated from Nyssa High. He will attend U of I this fall to major in AG and work at their onsite cattle facility. This summer he’ll work on the family farm & expand his own cattle operation.

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Spencer Christy, grandson of Dave and Barbara Waldo, graduated from N. Marion High. He will attend Clackamas Community College, majoring in engineering. This summer he will continue to run his business, SC Firewood and intern for Rackstrap & Custom Tie Downs in Portland, OR.

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J.J. Maxwell, son of Tawni Maxwell-Administrative Assistant, graduated from Adrian High. He is planning to attend Lewis & Clark to attain a Welding Certificate in the fall.