

Waldo Connection

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Quote of the Month:

"Experience is a wonderful thing. It enables you to recognize a mistake when you make it again."

~ Anonymous

5/1/19

Congratulations on 40 years, Ray!

Forty short years ago, on April 1, 1979, Christy and I moved to Nyssa, Oregon and I began working for Dave and Barbara Waldo in the Nyssa office. Prior to coming to Nyssa, we had lived in Bend, Oregon where I worked in the masonry trade and was also a newly licensed flight instructor. We also spent a couple of years in Wallowa County working in the logging industry and doing some flight instruction in the off season.

ance agent as I did not understand the insurance business and most of my life I had worked with my hands milking cows on the family dairy farm, commercial fishing off the Oregon coast, laying bricks and stone in Central Oregon, and logging and flying airplanes in Wallowa County. The insurance business grew on me over time, as I do like people, and the challenges presented by this everchanging industry kept my mind stimulated.

Many of our clients have become good friends over the years and I feel that I have been able to work with the very best people in the industry right here at Waldo Agencies. I have often been encouraged by John Forsyth and Ellen Martinez as they have set the standard for excellence in the insurance industry. Special thanks to our current staff of awesome employees who are dependable and loyal and professional.

Above all I appreciate the support of my wife of 44 years and our beautiful family. I am truly humbled when I consider how little I have done and how greatly I have been rewarded! I am excited for our next generation of owners and employees as this business has great potential.

"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around."







When I originally stepped through the doors of the agency 5 years ago, I thought it was going to be a temporary job filling in for a receptionist position for a few weeks. Little did any of us know that we would be here today celebrating my 5 year anniversary with the agency, or that I would have a very different role! My early days in the agency were spent directing phone calls to their appropriate destination, and I later moved into an Operations Assistant position. When my

family moved to the Portland, Oregon area in 2015 I thought it would be the end of my time with the agency, but due to technology and the leadership philosophy of no borders, I was able to continue on with the agency remotely. I switched roles again, this time moving into the UDrive division of our Benefits Department. One of the things that excites me about this position is that I am able to use my passion for education to help our school clients make the most of their benefits dollars while helping school employees navigate the everchanging world of health insurance. Even though I no longer have a classroom of my own, I am able to help make an impact in classrooms across the state.

I enjoy the people that I work with, and I am looking forward to what the next 5 years (and beyond) have in store!

Grandmother's Buttermilk Cornbread

Ingredients

1/2 c butter	
2/3 c white sugar 💋	
2 eggs	
1 c buttermilk	

1/2 t baking soda 1 c commeal 1 c all-purpose flour 1/2 t salt

Directions

- 1. Preheat oven to 375°. Grease 8 inch square pan.
- Melt butter in large skillet. Remove from heat and stir in sugar. Quickly add eggs and beat until well blended. Combine buttermilk with baking soda and stir into mixture in pan. Stir in commeal, flour, and salt until well blended and few lumps remain. Pour batter into prepared pan.
- 3. Bake in preheated oven 30-40 minutes, or until a toothpick in the center comes out clean.
- Source: allrecipes.com. Bethany Weathersby



Have a Safe Ride at the Amusement Park

Planning a visit to an amusement park this year? You want your family to be safe as they go on the rollercoaster, merry-go-round, and other rides. Here's some advice from the University of Michigan's Health Blog on how you and your children can ride safely:

Talk to your children. Make sure they keep an eye out for ride operators who aren't paying attention—talking on their
phones, for example. Discuss the need to speak up if they spot unsafe conditions, such as a safety strap that's frayed
or doesn't close properly.

 Follow the rules. Don't try to sneak your child onto a ride he or she isn't old enough or tall enough for. You're risking serious injury.

Plan to stay connected. Tell your kids not to wander around if they get separated from you. Show them what a park
attendant looks like so they know whom to approach. Have them keep your cell phone number in a pocket in addition
to their own phones in case a phone gets lost. Take a photo of each member of your group to show park attendants so
they know whom and what to look for.

• Check in often. Don't rely on phones alone to stay in touch. Designate an area where you can meet once an hour to make sure everyone is safe.

• Watch for strangers. Remind your children about the dangers of talking to people they don't know, even if they seem friendly or helpful. Someone who overhears your child's name could pretend to be an old family friend or relative, leading to a hazardous situation.

Dress appropriately. Don't let children wear loose clothing that can get caught on equipment, or sandals that don't
protect their feet (or that might get lost).

 Stay hydrated. Tell kids to drink plenty of water and eat something other than junk foods. Also, apply sunscreen at least 20 minutes before entering the park, and every two hours afterward.

1. Children need a minimum of 8 touches during a day to feel connected to a parent. If they're going through a particularly challenging time, it's minimum of 12 a day. It could be as simple as the straightening of a collar, a pat on the shoulder, or a simple hug.

2. Each day children need one meaningful eye-to-eye conversation with a parent. It is especially important for babies to have that eye contact, but children of all ages need us to slow down and look them in the eyes.

- 3. There are 9 minutes during the day that have the greatest impact on a child:
- * The first 3 minutes right after they wake up.
- * The 3 minutes after they come home from school.
- * The last 3 minutes of the day before they go to bed.

♥We need to make those moments special and help our children feel loved.♥ Source: Children and Family Counseling Associates, INC, Feb 21

What People Are Saying.



"Anthony was so awesome to work with! He has gone above & beyond all expectations!"

~ Amanda Malmberg

Anthony Hackman Broker, OR/ID



National African Violet Week, May 26–June 2 Serious gardeners take note: If you want to learn more about growing, caring for, and showing these beauties, pack your bags and get to Houston, where the African Violet Society of America will host its

73rd annual convention and exhibition. "Violet Fun in

the Texas Sun" is the theme for this year's event.

Different Question, Different Answer

A monk was strolling through the garden at a Zen monastery, listening to music on his mp3 player. He stopped near another monk, who motioned for him to remove his earbuds. "What are you doing?" the second monk said.

"I'm listening to music and meditating," answered the first.

"Do you have permission from the master to do this?" the second monk asked.

"But of course," replied the first monk.

"I find it hard to believe the master would allow you to do such a thing," the second monk said. "I was denied this very privilege just yesterday."

"How did you raise the question with the master?" the first monk asked.

"I approached him and asked, 'When I am meditating on my walks through the garden, is it OK to listen to music?" the second monk said. "The Zen master told me, 'Absolutely not.""

"That's odd," the first monk replied. "I approached the master and said, 'I'm listening to music while I'm walking in the garden. Is it OK for me to meditate?' and he replied, 'Certainly.""

Sometimes the answers you receive are determined by the questions you ask.

Survey looks at legal marijuana use

As recreational marijuana becomes legal in more states, employees are having some fun with it—maybe too much. According to the Seattle Times website, a survey of marijuana users in Washington, Oregon, and Colorado, where cannabis is legal, found that one in four have gotten high at work. One in four also admit to getting high before reporting to work, although whether those are the same people is unclear.

The survey of 900 marijuana users—300 in each state looked at demographics as well. Sixty percent of pot users are men, and 40 percent are women. Thirty-five percent are 55 years old or older, and another 35 percent are 35–54. Thirty percent are 22–34. Sixty-five percent have less than a B.A. degree, 19 percent have a B.A., and 16 percent have graduate degrees.

Fifty-two percent of users in Oregon indulge "at least a few times a week," according to the survey, along with 46 percent of those in Colorado and 44 percent in Washington.

Curb the Impulse to Buy

Impulse buying can be disastrous to your budget. It can be hard to resist the urge, but you'll be better off in the long run if you learn how to control your desire to splurge. Here's some advice from the U.S. News & World Report website:

• **Delay.** Resolve to wait at least 24 hours before buying the object of your desire. You'll often find that after a good night's sleep, you don't really want that expensive bauble you saw yesterday.

• Avoid your favorite stores. Identify stores (and online shopping sites) where you have trouble resisting the merchandise. Don't visit them unless you're sure you can really afford to buy something.

• **Remember past mistakes.** Impulse buying frequently leads to regrets later. Before whipping out your credit card, think back to the last time you purchased something that you later realized was a bad decision. This can help you put your impulse into perspective and stop you from buying an item you don't really want or need.

What are you waiting for?

A man picked up a hitchhiker on a country road. The two men fell into conversation, leading the driver to ask his passenger what his plans were for the future.

The hitchhiker, a young man just a few years out of high school, explained how he was hiking around the country, camping and taking in the sights. He said once he returned home he planned on making his fortune in the tech industry. He said he had an idea that was going to make him a millionaire.

"Do people really do that?" the driver asked.

"Make a lot of money in the tech world? Sure they do," the hitchhiker said.

The driver shook his head. "No, I mean take time out from life instead of getting to work on making their dreams a reality?"

WALDO CONNECTION

Waldo Spotlights

Dave and Barbara Waldo make 50 years of marriage look GREAT! Their children arranged some nice gifts in honor of this milestone, one of which was an open house at the Ontario train depot.



The annual **Women in Business Luncheon** sponsored by Waldo Agencies was a fantastic success. **Featured Speaker**, **Claudia Weatherman**, presented DISC Behavioral Profile information which is useful in determining better communication techniques and matching people's various personality traits with suitable tasks.

Featured Local Business Woman, Mara Kirby-Garcia, co-owner of Kinney Bros. & Keele True Value, displayed retail women's items offered at her store.







Featured Speaker Claudia Weatherman

Featured Local Business Woman Mara Kirby-Garcia









