

Goodbye, Dawna!

26 Years at Waldo Agencies

Waldo Agencies bids adieu and waves a fond farewell to Dawna Runnels, a dedicated employee who celebrated her silver anniversary with the company just last year.

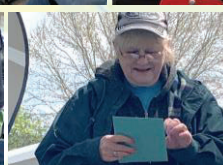
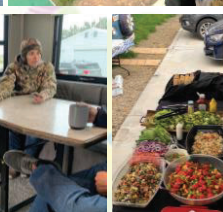
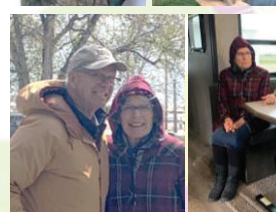
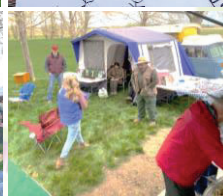
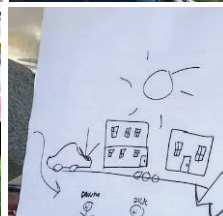
A WISE WOMAN
ONCE SAID
"I'M OUTTA HERE"
AND SHE LIVED
HAPPILY EVER AFTER

As the lead personal lines customer service representative, Dawna built great relationships with hundreds of clients, helping with their home and personal auto insurance.

Dawna was the leader of "Craft Days" at the office. Dee Anne recalls the time Dawna painted special rocks for the staff. Over the years, Dawna filled bellies with the most amazing ginger snaps BUT . . . Dellas says any cookies Dawna made were delicious!

The team celebrated Dawna's retirement with a camping-themed party outside Dee Anne's home on a cold, windy, rainy afternoon. Dellas brought his trailer and Lee set up his Volkswagen bus with a pop out tent. There were games, firepits, roasted marshmallows and hamburgers and hotdogs. It was the perfect camping experience!

"Thank you, Dawna, for your many years of customer service! Clients, as well as our staff, will miss you. Enjoy retirement!"
~Dave & Barbara



WELLNESS CHALLENGE 2022

FOCUS FOR MAY & JUNE LET'S GET PHYSICAL!

With the weather getting warmer, we are promoting physical activity! We are encouraging everyone to get outside and enjoy the sunshine and fresh air as much as possible. For both May and June, we are doing a **WALKING CHALLENGE!** So, get those steps in, burn some calories and strengthen your heart.

In the next newsletter, we will report on our "**Waldometer**" – a barometer of sorts that we have hanging on our office wall that charts our progress each month. We will also share the winners of our prizes and giveaways so you can congratulate them next time you see them!

"Walking is the most studied form of exercise, and multiple studies have proven that it's the best thing we can do to improve our overall health and increase our longevity and functional years." ~ Dr. Robert Sallis



1 IN 5 PEOPLE

EXPERIENCE A MENTAL HEALTH CONDITION

Learn more, share your story and spread the word.

You can make a difference.

There is hope even when your brain tells you there isn't. ~ John Green

IS YOUR POOCH WORTH \$881 MIL?

Dog bites and other dog-related injuries cost U.S. homeowners' insurers \$881 million in 2021, accounting for more than one-third of all liability claim payments, according to an analysis of homeowners insurance data by the Insurance Information Institute (Triple-I) and State Farm.

The report suggests one possible cause for the rise in dog-related claims: *Aggressive and destructive behavior can be caused by behavioral issues, such as separation anxiety, as pet owners return to the workplace or school as the COVID-19 pandemic winds down.*



As a dog owner, you have the responsibility to prevent your pooch from causing harm to people, other pets & property.

"The best way to protect yourself is to prevent your dog from biting anyone in the first place," the report says. "The most dangerous dogs are those that fall victim to human shortcomings, such as poor training, irresponsible ownership and breeding practices that foster viciousness."

Triple-I recommends teaching kids the [basics of dog safety](#) in addition to having responsible pet owners securing an umbrella policy or pet liability coverage.

<https://www.iamagazine.com/strategies/are-your-clients-adding-a-pet-to-the-family-this-holiday-season>



Our policy advisors can help you make the right decision for you!

Scan this code or contact us at Field-Waldo Insurance at 541-889-9181.

You can also email us at: contact@waldoagencies.com

Laughing Matters at Work



STRESS
GOES DOWN

So does

Conflict • Isolation • Negativity



CREATIVITY
GOES UP

So does

Cooperation • Flexibility • Trust

CHICKEN ASPARAGUS SALAD

Serves 6

- 1 lb. boneless, skinless chicken breasts
- 1/3 cup plus 2 1/2 tablespoons olive oil
- Fresh-ground black pepper
- Salt
- 1 pound asparagus (snap off and discard tough ends)
- 1 1/2 cups loosely packed parsley leaves
- 1 clove garlic
- 1 tablespoon lemon juice
- 2 tablespoons water
- 3 heads Bibb lettuce, torn into bite-sized pieces

Directions

1. Heat broiler or turn on grill.
2. Coat chicken breasts with 1 tablespoon oil and season with salt and pepper.
3. Grill or broil chicken for 5 minutes. Turn and cook for about 5 minutes till done. Let cool.
4. Once cool enough to handle, cut into bite-sized pieces.
5. Toss asparagus spears with 1 1/2 tablespoons oil and sprinkle with salt and pepper.
6. Grill or broil asparagus until tender, about 10 minutes, turning occasionally.
7. Cut spears into 2-inch lengths.
8. In blender, combine parsley, garlic, lemon juice, water, 1/2 teaspoon salt and remaining 1/3 cup oil. Puree until smooth.
9. In a large bowl, toss chicken, asparagus, lettuce and half of the vinaigrette.
10. Serve with remaining vinaigrette on hand for drizzling as desired.



Asparagus tips



May
Mental Health
Awareness Month

Our mental health is in constant flux. It ebbs and flows daily and because we know that, sometimes we aren't so aware of what's going on inside us or others.

May is the time of year to raise awareness of those living with mental or behavioral health issues and to help reduce the stigma so many experience.

Back to Basics. That is this year's theme for Mental Health America (MHS) 2022. Here are some ways **YOU** can become an advocate for improving mental health:

- Let people know you are willing to listen even though you may not have answers.
- Don't be afraid to share your own feelings and experiences with others. It really does make a difference to open up!
- Get involved with your community's wellness initiatives.
- Promote workplace wellness (as we do with the monthly Waldo Wellness Challenges).
- Take care of your body; exercise, get good sleep and eat healthy foods.
- Make it a habit to avoid negative self-talk.

<https://www.mhanational.org/mental-health-month>



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Middleton School District. 6.25 acres. Irrigation, building site, level, with views. No CC&Rs or HOAs. \$550,000

Click [here](#) to see the property profile on Waldo Real Estate. MLS # 98838040

<https://www.waldore.com/properties/tbdwillisrscaldwellidaho>

For more information, please contact:

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208-739-2925 (c)



Look what Waldo found happening in the Treasure Valley!

When: First week of June
Where: Lion's Park, Ontario

America's Global Village celebrates Ontario's diversity through food, dance, music, education and games. Tents representing various cultural communities offer cultural cuisine and teach about their history and heritage. At the center of the village, Scottish clans participate in the Highland Games. Also, an event stage holds special performances of music and dance throughout the day.



Did you know that Memorial Day was originally known as "Decoration Day" as mourners honored the Civil War dead by decorating their graves with flowers? Did you also know that Memorial Day did not become an official federal holiday until 1971?

<https://www.history.com/topics/holidays/memorial-day-history>



VIDEO DOORBELLS

A great option for home security

As more online purchases lead to deliveries left on doorsteps, video doorbells are getting more and more useful. These little cameras can help you check for deliveries, monitor for porch pirates or just look at the weather outside.

One Ring Video Doorbell system saved a Nebraska family's son from a wildfire by alerting him there was movement outside the home. When he went to the door, he saw their land was on fire. He called 911 and firefighters were able to save him, the family's home and all the structures on the property.

Not only are video doorbells lifesavers, but they are also easy to install, they are affordable and smarter, making them simple to operate. They can be a great addition to traditional home security systems or outfitted for a Smarthome.

Resources: NY Times Wirecutter, Wired & CNET

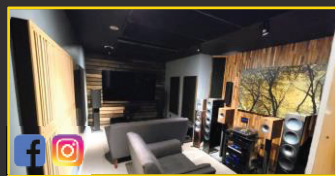
Not all video doorbell cameras are created equal, so make sure you do your research. OR, better yet, reach out to our Smarthome experts featured in our **Client Corner**.

MEET DAVID & DARREN TREASURE VALLEY'S SMART HOME & HOME THEATER SOLUTION



When David Foster came to the Treasure Valley a few years ago, his goal was simple: *"To help clients turn their homes into integrated smart homes, able to meet their ever-evolving needs."* He brought with him a cutting-edge home automation business and over 23 years of residential and commercial experience as a two-state Master Electrician and electrical contractor. David also brought along a friend and expert . . .

. . . Darren Reynolds is a lifelong audiophile with over 21 years of professional audio and video experience gained through his work in home theater sales and installation and as a front of house audio engineer, tour manager and venue owner. Darren knows great sound and assures that the systems Luminaire develops will deliver it.



We highly recommend you check out Luminaire's showroom. For more information go to: <https://www.boisesmarthomes.com>

Ways to Entertain Kids this Summer

School will be out soon. Ugh. Summertime can be tough and spendy for parents, so finding affordable activities is a way to keep your kids busy and yourself debt-free.

Here are some creative and inexpensive ways to keep your kids (and their friends) entertained and your parent friends happy!

Rearrange the furniture. Give the kids graph paper and have them draw out a plan first.

Invite friends over for a game day or summer puzzle challenge. Set up a kids' game table and an adult one too. Get a 1,000-piece puzzle and make it a summer project to complete.

Make your own pizza day. Buy ready-made dough at the grocery store (Trader Joes has a good one). Each child can bring a favorite ingredient. Have a contest for best (or worst looking pizza), best taste, most creative.

Talk to the animals. If there isn't a zoo nearby, take a virtual zoo tour online.

Make good use of nearby parks. Go to your local park's website, print the schedule of activities and tape it to the refrigerator. Pack a picnic lunch and make out a scavenger hunt list ahead of time.

Set a goal and complete a home project. Closets need clearing out? Fences need painting? Kitchen cabinets in need of organizing? Find ways to let the kids help. Create a visual board of tasks and mark with a sticker or magnet when completed.

Let the kids cook dinner. In fact, make it a weekly tradition. Let the kids find and pick a recipe and do the grocery shopping.

Movie night. Project a movie on the side of your house or on your garage door. Invite kids and parents to bring chairs, blankets, snacks then pop some popcorn.

Build a fort. Let the kids loose in the living room with pillows and blankets. Turn the fort into an overnight sleepout spot.

Hang outs at Home. After working and keeping up with house duties, create lifelong memories with little effort. Rotate Saturday night hang outs with your friends and neighborhood kids!

<https://www.seventhgeneration.com/blog/50-ways-keep-your-kids-entertained-summer>



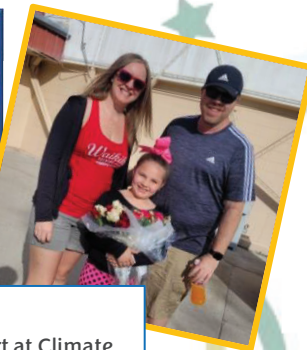
If you are a client and would like to be featured in one of our upcoming newsletters, we would love to promote you and your business. Please reach out to: contact@waldoagencies.com.

IN THE SPOTLIGHT



Kimberly's Family

L: Kimberly & hubby Ryan at the Paul McCartney concert at Climate Pledge Arena in Seattle, WA.
M: Kimberly's son, Nathan, received a citizenship award at school.
R: Kimberly & Ryan at Emily's dance recital.



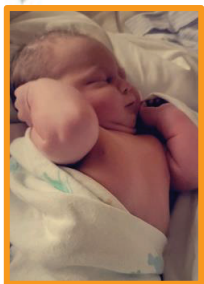
Anthony & the Boys

Fishing with his son-in-law and grandson on Lake Owyhee.



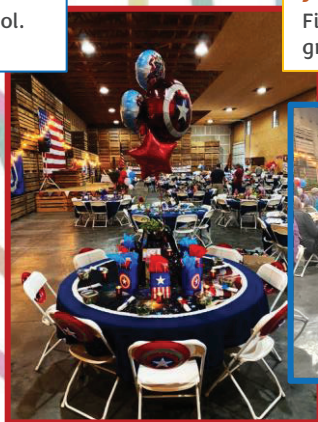
Georgie Girl!

Amy Haile's granddaughter, Georgie, was born on April 21, 2022.



Girls Night Out!

Kim Stipe & 8 other ladies ventured to Barbacoa for dinner then went off to the Morrison Center to watch "Menopause" the musical.



Home of the Brave!

Waldo Agencies representing at the Nyssa Chamber of Commerce Banquet. Captain America table theme!



Making Waves!

John Faw with wife Pat, daughter Ashley and med tech/ham radio operator, Joe, at the Riggins boat races.



Happy Retirement!

Check out these office decorations for Dawna!

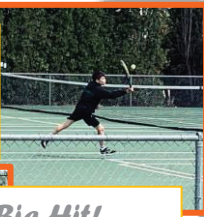


Cinco de Mayo!

Some of the Waldo staff celebrating May 5th at the office (with food of course). Also, Dave's birthday!

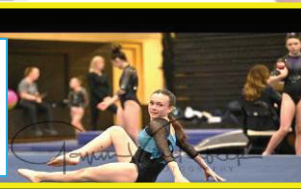
Tennis Pro!

Lori Hysel's grandson, Andrew, (6th grade) playing school tennis.



Impressive!

Bristol Runnels 2nd All Around at State Gymnastics.



Track Stars!

The real stars of the track season are its faithful fans weathering the cold.



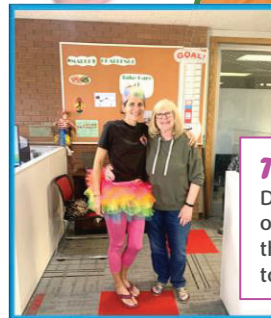
Big Hit!

Lori Hysel's grandson, Morgun, (7th grade) playing school baseball.



12-Gage!

Gage Mosman starting the 4x200 meter dash relay dash. Parma High.



Tooty Ta!

DeeAnne showing off her Tooty Ta at the office. Be sure to ask her about it.